

SUNDAY BRUNCH

Prix Fixe \$14.95

Includes Bloody Mary, Mimosa or Juice and Coffee or Tea and Homemade Muffins

❖ BREAKFAST DISHES ❖

Hot Oatmeal

Served with Milk, Honey and Bananas

Fred's French Toast

Made with New York's Best Cinnamon-Raisin Bread from Orwashers Bakery

Homemade Granola

Served with Low Fat Yogurt, Wheat Germ, and plenty of Fresh Fruit

Buttermilk Pancakes

Traditional ❖ Chocolate Chip ❖ Strawberry ❖ Banana ❖ Apple and Cinnamon

Traditional Eggs Benedict

Salmon Benedict

Classic Eggs Florentine

Crab Cake Benedict \$17.95

Roast Pork Loin Benedict

Omelets

Spanish Omelet w/ Black Beans, Red Peppers, Cilantro, Corn, Red Onion & Monterey Jack Cheese

Black Forest Ham and Gruyere Cheese

Grilled Asparagus Tips and Brie Cheese

Spinach with Goat Cheese and Mushrooms

Artichoke, Sun Dried Tomatoes and Gruyere Cheese

Spicy Italian Sausage, Broccoli and Cheddar Cheese

Fresh Tomato, Onion, Mushroom and Cheddar Cheese

Scrambled Eggs

With Cheddar Cheese, Mushrooms and Fresh Tomatoes

OR

With Smoked Salmon, Dill and Cream Cheese

Huevos Rancheros

Two eggs any style, served with Yellow Rice, Refried Beans, Monterey Jack Cheese, and Black Forest Ham on a Corn tortilla, with Roasted Tomato and Cilantro Salsa

Quiche

Spinach, Tomato, Mushroom, Brie and Goat Cheese served with a Side Salad

Bagel and Smoked Salmon

with Cream Cheese, Red Onion, Fresh Tomatoes, Capers and salad greens

Steak and Eggs, \$17.95

Four ounce New York Shell Steak with Two Eggs any style

All Egg Dishes are served with Brunch Potatoes and Salad Greens

We apologize; unfortunately, we are unable to accommodate substitutions. Sorry for the inconvenience.

SUNDAY BRUNCH

Prix Fixe \$14.95

Includes Bloody Mary, Mimosa or Juice and Coffee or Tea and Homemade Muffins

❖ SALADS ❖

Caesar Salad

Romaine Lettuce served with Caesar Dressing,
Fred's Crispy Croutons and Grated Parmesan Cheese

Cobb Salad

Roasted Corn Cut Fresh from the Cob, Beefsteak Tomatoes, Cucumbers, Carrots, Bell Peppers, Red Onions, Avocado, Bacon and Calamata Olives served on Mixed Greens with Fred's Homemade Vinaigrette or Bleu Cheese Dressing

Fred's Nicoise Style Salad, \$15.95

Grilled Yellow Fin Tuna Medallions, Bell Peppers, Beefsteak Tomatoes, New Potatoes, Green Beans, a Hard Boiled Egg and Calamata Olives on Mixed Field Greens with Fred's Homemade Vinaigrette

❖ BURGERS AND SANDWICHES ❖

Fred's 8 oz. Burger

Fred's 8 oz. Turkey Burger

Veggie Burger with Avocado

Grilled Chicken Sandwich, Avocado and Tomato with Basil Oil and Balsamic Vinegar

Traditional Turkey Club, Triple Decker Turkey, Bacon, Lettuce and Tomato

Grilled Vegetable and Mozzarella Sandwich, with Pesto Mayonnaise

Fresh Tomato and Mozzarella Sandwich, with Balsamic Vinegar and Basil Oil

Grilled Portobello Mushroom, with Black Forest Ham and Goat Cheese

All burgers and sandwiches are served with French Fries and Salad Greens

Choice of Cheddar, Swiss, or American Cheese, Sauteed Onions or Mushrooms ❖ \$1.00 each

Choice of Avocado, Bleu Cheese or Bacon ❖ \$2.00

❖ PASTA ❖

Mushroom Ravioli

A Homemade Plum Tomato Gravy with Parmesan Cheese

Orecchiette

Spicy Sausage, Broccoli, Roasted Red and Yellow Peppers in Extra Virgin Olive Oil and Garlic with Parmesan Cheese

SALADS AND PASTA ❖ *add Chicken \$3.00 Shrimp \$6.00*

❖ SIDES ❖

English Muffin, Toast or Toasted Bagel 2.50 Bacon or Canadian Bacon 4.00

Toasted Bagel with Cream Cheese 3.50 Cup of Soup 3.00

French Fries or Brunch Potatoes 4.00 Bowl of Soup 6.00

SATURDAY BRUNCH

❖ BREAKFAST DISHES ❖

Hot Oatmeal, \$7.95

Served with Milk, Honey and Bananas

Fred's French Toast, \$9.95

Made with New York's Best Cinnamon-Raisin Bread from Orwashers Bakery

Homemade Granola, \$8.95

Served with Low Fat Yogurt, Wheat Germ, and plenty of Fresh Fruit

Buttermilk Pancakes, \$8.95

Traditional ❖ Chocolate Chip ❖ Strawberry ❖ Banana ❖ Apple and Cinnamon

Traditional Eggs Benedict, \$9.95

Classic Eggs Florentine, \$9.95

Salmon Benedict, \$10.95

Crab Cake Benedict, \$14.95

Roast Pork Loin Benedict, \$11.95

Omelets \$10.95

Spanish Omelet w/ Black Beans, Red Peppers, Cilantro, Corn, Red Onion & Monterey Jack Cheese

Black Forest Ham and Gruyere Cheese

Grilled Asparagus Tips and Brie Cheese

Spinach with Goat Cheese and Mushrooms

Artichoke, Sun Dried Tomatoes and Gruyere Cheese

Spicy Italian Sausage, Broccoli and Cheddar Cheese

Fresh Tomato, Onion, Mushroom and Cheddar Cheese

Scrambled Eggs

With Cheddar Cheese, Mushrooms and Fresh Tomatoes, **\$9.95**

With Smoked Salmon, Dill and Cream Cheese, **\$10.95**

Quiche

Spinach, Tomato, Mushroom, Brie and Goat Cheese served with a Side Salad, **\$11.95**

Bagel and Smoked Salmon, \$10.95

with Cream Cheese, Red Onion, Fresh Tomatoes, Capers and salad greens

Huevos Rancheros, \$13.95

Two eggs any style, served with Yellow Rice, Refried Beans, Monterey Jack Cheese, and Black Forest Ham on a Corn tortilla, with Roasted Tomato and Cilantro Salsa

Steak and Eggs, \$15.95

Four ounce New York Shell Steak with Two Eggs any style

All Egg Dishes, excluding Huevos Rancheros, are served with Brunch Potatoes and Salad Greens

We apologize; unfortunately, we are unable to accommodate substitutions. Sorry for the inconvenience.

SATURDAY BRUNCH

❖ SALADS ❖

Caesar Salad, \$8.95

Romaine Lettuce served with Caesar Dressing,
Fred's Crispy Croutons and Grated Parmesan Cheese

Cobb Salad, \$12.95

Roasted Corn Cut Fresh from the Cob, Beefsteak Tomatoes, Cucumbers, Carrots, Bell Peppers, Red Onions, Avocado, Bacon and Calamata Olives served on Mixed Greens with Fred's Homemade Vinaigrette or Bleu Cheese Dressing

Fred's Nicoise Style Salad, \$15.95

Grilled Yellow Fin Tuna Medallions, Bell Peppers, Beefsteak Tomatoes, New Potatoes, Green Beans, a Hard Boiled Egg and Calamata Olives on Mixed Field Greens with Fred's Homemade Vinaigrette

❖ BURGERS AND SANDWICHES ❖

Fred's 8 oz. Burger, \$10.95

Fred's 8 oz. Turkey Burger, \$10.95

Veggie Burger with Avocado, \$10.95

Grilled Chicken Sandwich, Avocado and Tomato with Basil Oil and Balsamic Vinegar, **\$10.95**

Traditional Turkey Club, Triple Decker Turkey, Bacon, Lettuce and Tomato, **\$10.95**

Grilled Vegetable and Mozzarella Sandwich, with Pesto Mayonnaise, **\$10.95**

Fresh Tomato and Mozzarella Sandwich, with Balsamic Vinegar and Basil Oil, **\$10.95**

Grilled Portobello Mushroom, with Black Forest Ham and Goat Cheese, **\$10.95**

*All burgers and sandwiches are served with French Fries and Salad Greens
Choice of Cheddar, Swiss, American Cheese, Sautéed Onions or Mushrooms ❖ \$1.00
each*

Choice of Avocado, Bleu Cheese or Bacon ❖ \$2.00 each

❖ PASTA ❖

Mushroom Ravioli, \$13.95

A Homemade Plum Tomato Gravy with Parmesan Cheese

Orecchiette, \$14.95

Spicy Sausage, Broccoli, Roasted Red and Yellow Peppers in Extra Virgin Olive Oil and Garlic with Parmesan Cheese

SALADS AND PASTA ❖ add Chicken \$3.00, Shrimp \$6.00

❖ SIDES ❖

English Muffin, Toast or Toasted Bagel	2.50	Bacon or Canadian Bacon	
	4.00		
Toasted Bagel with Cream Cheese	3.50	Cup of Soup	3.00
French Fries or Brunch Potatoes	4.00	Bowl of Soup	6.00